

# Obesity Management Foundations for the Primary Care Clinician This must be read in its entirety before beginning the activity.

## Dates of Note:

Originally recorded: 4/1/24 Most recent review: 4/1/24

Expiration (the last day to earn credit): 5/31/26

### Disclosures:

All speakers and/or planners (including their spouses and partners) for OMA continuing medical education programs have voluntarily disclosed their relationships with commercial interests and companies within the last 12 months. The ACCME defines a commercial interest as "any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. The ACCME does not consider providers of clinical service directly to patients to be commercial interests - unless the provider of clinical service is owned, or controlled by, an ACCME-defined commercial interest." This disclosure is in compliance with the standards promulgated by the Accreditation Council for Continuing Medical Education.

## Speakers:

- Lori Wenz, AGNP-C, BC-ADM, FOMA:
  - Eli Lilly: Speakers Bureau
- Sam Christensen, MSN, ARNP, FNP-BC, FOMA, FAANP
  - Novo Nordisk: Speakers Bureau
  - o Eli Lilly: Speakers Bureau, Advisory Board
  - Abbott Nutrition: Advisory Board
- Angela Golden, DNP, FNP-C, FAANP, FOMA
  - Advisory Board/Promotional Speaker: Novo Nordisk, Acella, Currax, Eli Lilly
  - Advisory Board: Boehringer Ingelheim, Weight Watchers
- Christy Davis, DNP, FNP-C, CSOWM
  - Speaker's Bureau: Novo Nordisk
  - Speaker's Bureau, Advisory Board: Rhythm Pharmaceuticals
- Harold Bays, MD, FOMA, FTOS, FACC, FNLA, FASPC:
  - Consultant: 89Bio, Altimmune, Amgen, Boehringer Ingelheim, HighTide, Eli Lilly
  - Contracted Research: 89Bio, Alon Medtech/Epitomee, Altimmune, Amgen, Anji Pharma, Boehringer Ingelheim, Eli Lilly, Fractyl, HighTide, Kallyope, Madrigal, Novartis, NovoNordisk, Pfizer, Shionogi, Viking, Vivus
- Tiffany Lowe Clayton, DO, MPHE, DABOM:
  - o Eli Lilly: Speaker's Bureau, Novo Nordisk: Speaker's Bureau



#### Planners:

- Angela Golden, DNP, FNP-C, FAANP: Novo Nordisk: Promotional Speaker, Advisory Board; Acella: Promotional Speaker, Advisory Board; Currax: Promotional Speaker, Advisory Board; Eli Lilly: Promotional Speaker, Advisory Board; Boehringer Ingelheim: Advisory Board; WW: Advisory Board; Springer: Royalties
- Jennifer Paisley, MD: Rhythm: Speaker; Clinical Education Alliance: Speaker
- Naomi Parrella, MD: Zero Longevity Science: Chief Medical Officer
- Nicholas Pennings, DO, FOMA, FACOFP: Abbott: Consultant
- Tiffany Lowe Clayton, DO, DABOM, MHPE: Novo Nordisk: Speakers' Bureau; Eli Lilly: Speakers' Bureau
- Lori Wenz, MSN, AGNP-C, BC-ADM, FOMA: Eli Lilly: Speakers' Bureau
- Nothing to Disclose: Allen Browne, MD; Aparna Chadra, MD, DABOM, FOMA; Reema Dbouk, MD; Teji Dhami, MD; Dinesh Edem, MD, DABOM; Kristen Frederiksen, MD; Thomas George, DNP, FNP-C, NASM-CPT; Sharon Karp, PhD, APRN, CPNP-PC, FAANP; Andria Klioze, MD; Vivian Loveday, MD; Teona Maghlakelidze, MD, FACP; Lynda Mandell, MD, PhD; Sadaf Mustafa, MD, FACP, DABOM, CCHP; Mayank Ohri, MD; Roxanne Oliver, DNP, MOL, APRN, FNP-BC; Teresa Owens, NP; Aman Rajpal, MD, DABOM; Jennifer Robinson, FNP-C, APRN; Mark Schwartz, MD

## **Accreditation Statement:**

The Obesity Medicine Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Obesity Medicine Association designates this live activity for a maximum of 1 *AMA PRA Category* 1  $Credit^{TM}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity is approved for 9.26 contact hours of continuing education (which includes 1.60 hours of pharmacology) by the American Association of Nurse Practitioners®. Activity ID# 24046626. This activity was planned in accordance with AANP Accreditation Standards and Policies.